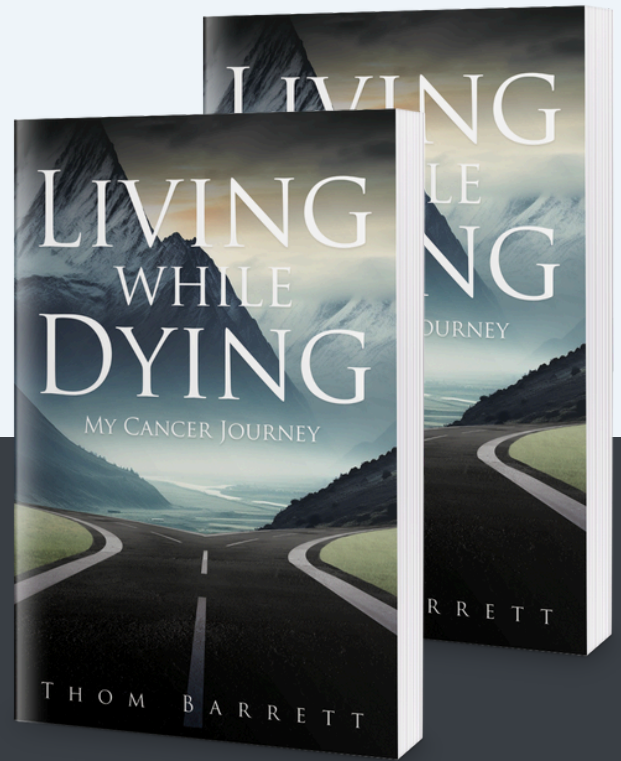


LIVING WHILE DYING



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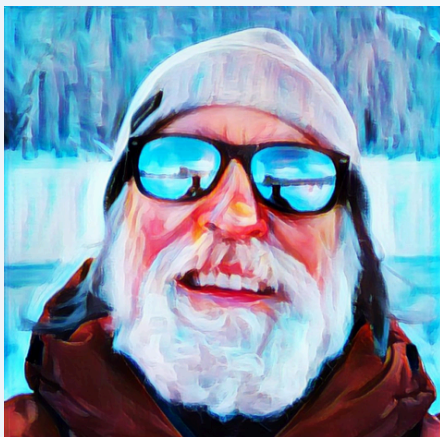
How do you react when your entire world changes?

"Living While Dying" by Thom Barrett is a poignant memoir detailing his experiences and insights from battling stage IV prostate cancer. Eight years ago, Thom's life took an unexpected turn with a prostate cancer diagnosis. Initially, he believed a surgery to remove his prostate would cure him, but the cancer had already advanced to stage III, spreading beyond the gland.

The book chronicles Thom's journey since 2015, starting from the initial signs of rising PSA levels to the life-altering biopsy in 2016. After a period of remission, where Thom embraced travel and active living, the cancer returned in 2019, necessitating further treatments like external beam radiation and androgen deprivation therapy.

Despite these challenges, Thom has continued to lead a fulfilling life, traveling and volunteering, even as recent tests in early 2023 showed the cancer's progression to his lymph nodes and chest. Now 67, he faces the realities of stage IV cancer with determination and hope, aiming to surpass survival expectations and maintain a quality life.

This book isn't a step-by-step guide on battling cancer but a deeply personal narrative about living fully in the face of illness. Thom's story emphasizes the power of positivity and the significance of cherishing each moment, offering inspiration to others with cancer and their supporters. It's a testament to facing life's hardest challenges with unwavering strength and optimism. Grab your copy today!



THOM BARRETT

Thom is an avid adventurer. His love for new places has taken him around the world, experiencing the cultures, the wonders of nature, and the challenges that each affords. He was a partner with PwC and worked there for 35 years before he retired and moved to Cape Cod. He now splits his time between his summers working in his workshop on Cape Cod building custom furniture and the rest of the year traveling with his furry friend, Dexter, throughout the Americas. One of his current travel goals is to have traveled from Prudhoe Bay, Alaska, to Ushuaia, Argentina. To date, he has been from Prudhoe Bay to the Mexican Border. In 2024, he expects to travel from Antarctica to Columbia. Hopefully, Central America is where he'll travel in 2025. The goal is to eventually travel the entirety of the Pan-American highway.

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